

Travel and living expenses in Norway, May 2019

This list is an indicative guide to the price level in Norway. Prices can vary according to both geographical location and the time of year, with city centers in bigger cities in general being expensive. For ease, the list below indicates the price level in Oslo city center and the greater region. Please also take note that the list has been made using the following conversion rate (1 USD = 9,8 NOK). Prices are therefore indicative and may be subject to change.

| Prices | NOK |
|--------|-----|
|--------|-----|

Cost of transportation:

Tram, subway, bus:

- | | |
|---------------------------------------|-------------------|
| - One-way ticket, Oslo ⁱ : | 36 |
| - 7-day pass, Oslo: | 285 |
| - One-way train ticket Oslo-Bergen: | 964 ⁱⁱ |

Oslo Airport Gardermoen:

- | | |
|--|------------|
| - Airport train, Oslo - Gardermoen | 196 |
| - Airport taxi Oslo airport Gardermoen-Oslo: | 630 – 1100 |
| - Petrol (per litre): (appr.) | 16 - 18 |

Accommodation (1 night per person, average rate)ⁱⁱⁱ :

- | | |
|--|-------------|
| - Hotel, single room: | 1300 - 2000 |
| - Budget hotel option (single) ^{iv} : | 300 - 900 |

| Prices | NOK | € |
|--------|-----|---|
|--------|-----|---|

Meals, café, restaurant:

| | | |
|------------------------------------|-----------|------|
| - Breakfast: | 150 - 200 | 15,3 |
| - Dinner, restaurant, main course: | 250 - 350 | 25,5 |

Beverages café, restaurant:

| | | |
|------------------|----------|-----|
| - Non-alcoholic: | 40 - 70 | 4 – |
| - Coffee: | 30 - 50 | 3 – |
| - 1 glass, wine: | 80 - 100 | 8,1 |
| - Beer (0,5ltr): | 80- 90 | 8,1 |

Assorted:

| | | |
|---------------------------------|-----------|------|
| - Sandwich, Salad restaurant: | 100 - 150 | 10,2 |
| - Sandwich, kiosk: | 50 | 5,1 |
| - Bottled water 1,5 ltr, store: | 20 | 2 |
| - Soft drink 0,5, store: | 20 | 2 |
| - Hamburger menu: | 50 - 85 | 5,1- |

ⁱ For the greater Oslo region, the public transport system (in regards to bus, tram, subway, ferry) is a within the same pricing system. This means that generally price levels on the various modes of transport are the same. Please also note that tickets receive an extra surcharge if bought onboard.

ⁱⁱ Train tickets for regional travels are available at various reduced prices ('minipris'). Reduced prices to availability and depend on time of ticket purchase.

ⁱⁱⁱ Please note that it is advisable to book hotel rooms early. Prices on accommodation tend to increase